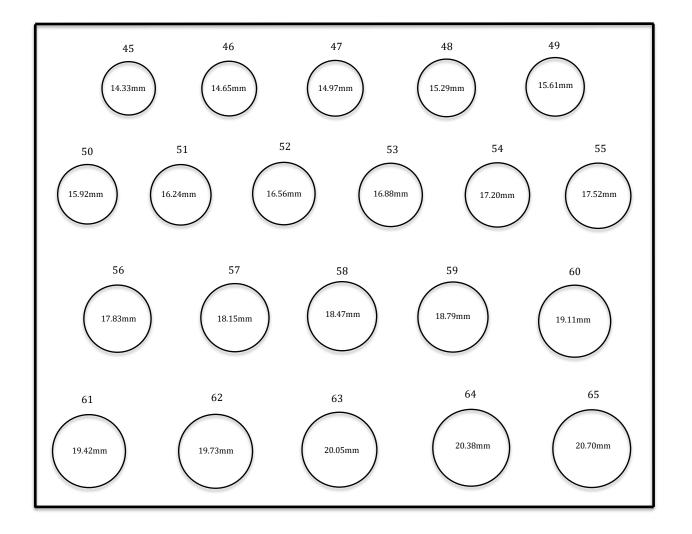
Ring Size Guide

Method 1: Measuring an existing ring

Before measuring your ring size, make sure you have printed this guide on a full US Letter size (8.5 x 11 inches) page and scaled to 100%. To check that ring size chart has been printed properly, place a credit card on the line below and it should be the same size.

PLACE CREDIT CARD HERE

To find your ring size, use an existing ring that fits you well. Match the inside of that ring with one of the circles below. If your ideal fit falls between two sizes, Manish recommends choosing the larger size.



Method 2: Measuring your finger

- Take a length of string or cut a strip of paper no more than 1cm wide (slightly less than half an inch)
- Wrap it around the largest part of your finger
- Use a pen to mark the point on the string or strip of paper where it forms a circle
- Pick the marked strip or string of paper on a flat surface
- Using a ruler, measure the distance from the end of the string or paper to the mark you make
- Compare your measurement with the chart below to determine your ring size

Measure	International	European	UK	US
(mm)		-		
13.06	1	41	D	1.5
13.38	2	42	Е	2
13.69	3	43	F	2.5
14.01	4	44	G	3
14.33	5	45	Н	3.5
14.65	6	46	Ι	4
14.97	7	47	J	4.5
15.29	8	48	К	5
15.61	9	49	L	5.5
15.92	10	50	М	6
16.24	11	51	Ν	6.5
16.56	12	52	0	7
16.88	13	53	Р	7.5
17.20	14	54	Q	8
17.52	15	55	R	8.5
17.83	16	56	S	9
18.15	17	57	Т	9.5
18.47	18	58	U	10
18.79	19	59	V	10.5
19.11	20	60	W	11
19.43	21	61	Х	11.5
19.75	22	62	Y	12
20.06	23	63	Z	12.5
20.38	24	64	Z+1	13
20.70	25	65	Z+2	13.5
21.02	26	66	Z+3	14
21.34	27	67	Z+4	14.5
21.66	28	68	Z+5	15

*Corresponding to the finger circumference (mm)